



What's a "Total Health Scan"?

Our office has been certified to share this evaluation with you and your family. With our specialized technique of Applied Kinesiology and the Zyto technology, we are able to check many circuits in your health pathways.

A Total Health Scan will show us if you have any deficiencies in vital nutrients. We ask everyone to fill out a food log for one week to see if the food choices you are making will allow you to experience full wellness. You will be asked to bring in any supplements, herbs, medications or other vitamins (Yes, bring the bottles in!) to make sure all that you are taking are both necessary and compatible with each other. We find many people can simplify the amount of supplements they are taking- more from food, less from pills is one of our goals!

We check with kinesiology many systems in your body- hormones, digestion, circulation, respiration, elimination and immune systems. We check to see how your body handles stress- especially your adrenal gland function.

Your system will be checked for heavy metal or toxins. Many people are unaware of these in their body- our immune system stores toxins like mercury, cadmium, aluminum and many others in fat cells. With proper nutrition and detox protocols like our footbath ionizers, these materials can be released from your system.

Have you ever felt weak or sluggish during or after being in a supermarket or the mall? Heavy use daily of cell phones, computers and being in poor lighting can affect our electromagnetic field. This is another part of the Total Health Scan- we check your response to having a phone or computer in your energy field. The use of a multi polar magnet can aide your body's resistance to these effects.

Checking your system for allergies or hypersensitivities is another important feature of the Total Health Scan. We find many people are told they have an allergy when proper nerve function that is restored through your chiropractic adjustments helps remove allergic responses. A hypersensitivity can feel much like an allergy- we will check this for you as well.

Once you have had your Total Health Scan, we will re-check you in about 4-6 weeks to see how much progress has been made. We will have specific instructions for you after the scan is fully evaluated. Please allow 30-40 minutes for the Total Health Scan.

If you have any questions, please ask- this is such an important piece to your total wellness puzzle.